



For immediate release – November 2022

Transformative narratives address coloniality in health care and First Nations, Inuit, and Métis peoples' health and well-being

(Prince George, BC) It's cause for celebration when a textbook rewrites the style of often unexciting academic publications.

The new undergraduate-level textbook [*Introduction to Determinants of First Nations, Inuit, and Métis Peoples' Health in Canada*](#) (Canadian Scholars' Press, 2022) offers a refreshing strengths-based approach that centres Indigenous voices and experiences for effective decolonization in health care.

Compiled by an expert team of editors connected with the National Collaborating Centre for Indigenous Health, this book gathers powerhouse contributions from primarily Indigenous academics, community leaders, health practitioners and artists. Together, they address ongoing impacts of colonialism on Indigenous health and offer strategies to transform health care systems in this country. In compact paperback form, this beautifully presented book incorporates critical theory and analysis, storytelling, poetry, and vibrant artwork.

Editor Margo Greenwood says, "This book draws on community wisdom, contributions and intervention. It's meaningful and relevant to a variety of audiences in health care, universities and communities. Indigenous people, non-academics and community members, will see themselves reflected here."

"This textbook pushes far beyond the current limitations of narratives around Indigenous health and colonization," editor Sarah de Leeuw adds. "It also provides an engaging curriculum for an entire term between two covers. Each chapter offers learning objectives and critical thinking questions and activities. It's designed to be accessible and practical."

The NCCIH has produced an accompanying [series of eight videos](#) featuring discussions with some of the editors and authors of *Introduction to Determinants of First Nations, Inuit, and Métis Peoples' Health in Canada*. The videos offer insights on key concepts in the book, and can be used as stand-alone learning tools. Topics related to specific chapters include forced sterilization, the power of storytelling, Inuktitut as a public health issue, creating safer faculties of medicine for Indigenous peoples, Indigenous food sovereignty, and returning birthing practices to Indigenous communities.

Editors: Margo Greenwood is a Cree scholar and Professor of Education and First Nations Studies at the University of Northern British Columbia. **Sarah de Leeuw** is an award-winning creative writer and Canada Research Chair in Humanities and Health Inequities with the University of Northern British Columbia's Northern Medical Program in the Faculty of Medicine at the University of British Columbia. **Roberta Stout** is a Senior Policy Advisor in the Health Sector at the Assembly of First Nations and a member of Kehewin Cree Nation. **Roseann Larstone** is Regional Director, Indigenous Health, at the Northern Health Authority in British Columbia and a member of the Manitoba Métis Federation. **Julie Sutherland** is a Research Associate with the National Collaborating Centre for Indigenous Health and an award-winning lecturer.

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The National Collaborating Centre for Indigenous Health (NCCIH) is a national Indigenous organization established in 2005 by the Government of Canada and funded through the Public Health Agency of Canada to support First Nations, Inuit, and Métis public health renewal and health equity through knowledge translation and exchange. The University of Northern British Columbia in Prince George, BC, hosts the NCCIH.

Order the book:

Introduction to Determinants of First Nations, Inuit, and Métis Peoples' Health in Canada, Scholars Press
tinyurl.com/73hzhdfs

Related NCCIH Resources:

- [Determinants of Indigenous Peoples' Health In Canada, Second Edition: Beyond the Social](#)
- [Understanding Indigenous Health Inequalities through a Social Determinants Model](#)